

Ouachita Council on Aging

Planning and service area · Ouachita Parish

Louisiana Governor's
Office of Elderly Affairs

Ouachita Council on Aging is home to about **34,247** residents age 60 and older — **21.6%** of the population (Louisiana: 22.8%). **9** indicators are at least 10% worse than the state.

PEOPLE 60+

34,247

Louisiana 1,054,143

PEOPLE 85+

2,903

Louisiana 78,328

60+ IN POVERTY

16.8%

Louisiana 14.9% · need rank 6 of 21

LIVE ALONE (60+ HOUSEHOLDS)

46.8%

Louisiana 43.8% · need rank 4 of 21

60+ WITH A DISABILITY

35.2%

Louisiana 34.9% · need rank 10 of 21

NO HOME INTERNET (65+)

23.9%

Louisiana 21.7% · need rank 17 of 34

FOOD INSECURITY (ADULTS)

24.5%

Louisiana 22.5% · need rank 15 of 34

NO RELIABLE TRANSPORTATION

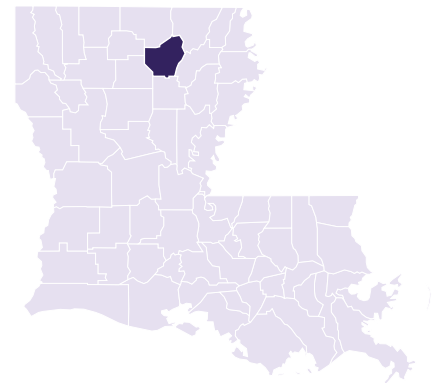
12.2%

Louisiana 11.3% · need rank 15 of 34

Areas of greatest need

- ✓ **Households with retirement income** **39.0%** vs 44.5%
1.14× the state rate · need rank 2 of 21 PSAs · Households with a householder 60+
 - ✓ **Below 150% of the poverty line** **29.5%** vs 25.0%
1.18× the state rate · need rank 5 of 21 PSAs · People 60+ with poverty status
 - ✓ **Below the poverty line** **16.8%** vs 14.9%
1.13× the state rate · need rank 6 of 21 PSAs · People 60+ with poverty status
 - ✓ **Homes with no telephone service** **1.7%** vs 1.1%
1.54× the state rate · need rank 7 of 21 PSAs · Homes with a householder 60+
 - ✓ **All teeth lost (age 65+)** **25.1%** vs 18.1%
1.39× the state rate · need rank 7 of 34 PSAs · Adults 65+
 - ✓ **Households receiving SSI** **11.1%** vs 9.3%
1.19× the state rate · need rank 7 of 21 PSAs · Households with a householder 60+
- Indicators where Ouachita Council on Aging is at least 10% worse than Louisiana overall, highest need first.

LOCATION

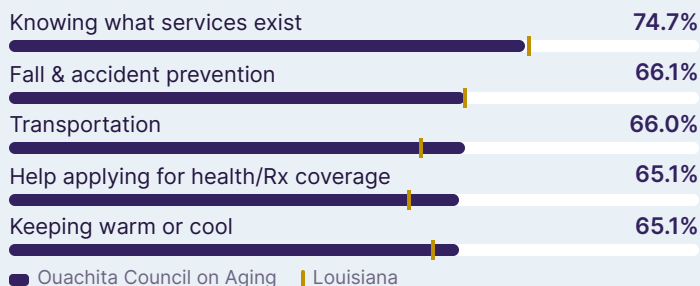


Ouachita Parish is shaded.

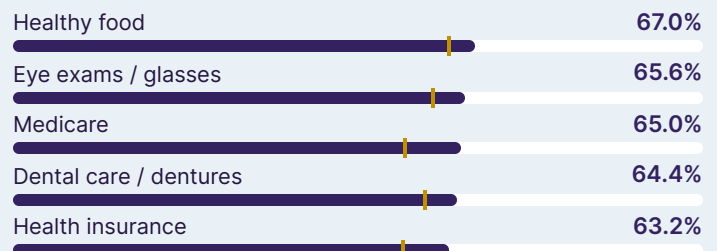
What residents said

2026 Statewide Needs Assessment · 389 responses

RATED "VERY IMPORTANT"



OFTEN NEED HELP PAYING FOR



All indicators compared with Louisiana

Pair the areas of greatest need with what residents said to set area plan goals. Rank is the PSA's need rank among Louisiana's planning and service areas with data (1 = highest need). Rows marked ✓ are at least 10% worse than the state. Explore every PSA in the Louisiana Aging Needs Dashboard at adrcla.org.

WHO'S AGING

INDICATOR	PSA	LOUISIANA	RANK
People age 60 and older All residents	34,247	1,054,143	—
Share of residents who are 60+ All residents	21.6%	22.8%	—
People age 65 and older All residents	24,427	748,256	—
People age 85 and older All residents	2,903	78,328	—
Share of people 60+ who are 85+ People 60+	8.5%	7.4%	—
Veterans People 60+	11.4%	11.2%*	—
Widowed People 60+	19.7%	18.9%*	—
No high school diploma People 60+	12.9%	14.5%*	15/21
Speak English less than “very well” People 60+	1.2%	2.8%*	15/21
Responsible for grandchildren People 60+	2.6%	2.2%*	7/21 ✓

HEALTH & DISABILITY

INDICATOR	PSA	LOUISIANA	RANK
Have a disability People 60+ not in institutions	35.2%	34.9%*	10/21
Cognitive disability (memory, concentration) All adults 18+	18.9%	18.4%	20/34
Mobility disability All adults 18+	18.4%	17.6%	18/34
Self-care disability All adults 18+	5.4%	5.1%	15/34
Independent-living disability All adults 18+	11.1%	10.3%	15/34
Fair or poor general health All adults 18+	24.7%	24.4%	19/34
Depression All adults 18+	25.7%	26.6%	28/34
Diabetes All adults 18+	15.4%	15.2%	17/34
All teeth lost (age 65+) Adults 65+	25.1%	18.1%	7/34 ✓
Routine checkup in past year All adults 18+	81.9%	81.8%	22/34

MONEY & HOUSING

INDICATOR	PSA	LOUISIANA	RANK
Below the poverty line People 60+ with poverty status	16.8%	14.9%*	6/21 ✓
Below 150% of the poverty line People 60+ with poverty status	29.5%	25.0%*	5/21 ✓
Households receiving SSI Households with a householder 60+	11.1%	9.3%*	7/21 ✓
Households receiving SNAP Households with a householder 60+	14.6%	13.5%*	—
Average Social Security income per household Households 60+ receiving Social Security	\$20,870	\$22,424*	6/21
Food insecurity All adults 18+	24.5%	22.5%	15/34
Homeowners paying 30%+ of income on housing Owner homes, householder 60+	22.6%	22.0%*	6/21
Renters paying 30%+ of income on rent Renter homes, householder 60+	56.0%	51.8%*	3/21
Housing insecurity All adults 18+	18.3%	16.8%	14/34
Threatened utility shutoff All adults 18+	13.9%	12.4%	14/34 ✓

CONNECTION & DAILY NEEDS

INDICATOR	PSA	LOUISIANA	RANK
Living alone (householder) Households with a householder 60+	46.8%	43.8%*	4/21
No home internet subscription (65+) People 65+	23.9%	21.7%	17/34 ✓
No computer at home (65+) People 65+	13.2%	12.9%	21/34
Homes with no telephone service Homes with a householder 60+	1.7%	1.1%*	7/21 ✓
Loneliness All adults 18+	37.2%	36.6%	12/34
Lack social or emotional support All adults 18+	29.4%	28.6%	15/34
Lack reliable transportation All adults 18+	12.2%	11.3%	15/34

Sources and notes. U.S. Census Bureau, American Community Survey 5-year estimates (S0102 and B28005, 2020–2024; S0101, 2019–2023) for people or households 60+ unless noted. CDC PLACES 2025 release (2023 BRFSS model-based estimates) for all adults 18+ except tooth loss (65+); these show relative standing, not exact counts. 2026 Louisiana Statewide Needs Assessment (GOEA), responses Jul 30–Oct 23, 2026; percentages use only those who answered, and areas with fewer than 10 responses are not reported. Need rank compares all PSAs with data (1 = highest need). Louisiana figures are calculated from parish data. * Census publishes these measures (table S0102) only for Louisiana's 34 larger parishes; the Louisiana figure combines those 34, and “—” means the measure is not published for a parish in this area. “Use caution” marks Census estimates with a large margin of error; these are not flagged.